

# H LUNCH K-8

## Menu H - October 2021 Lunch K-8

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Hot Dog* Bean & Cheese Burrito* Turkey Ham & Cheese Croissant* Broccoli Florettes Baby Carrot Packet Frozen Fruit Cups, Assorted Milk, White 1% Milk, Chocolate NF Mustard Pkt. Ketchup packet
4 No School	5 No School	6 No School	7 No School	8 No School
11 Hamburger on a Bun* Mustard Pkt. Ketchup packet Wowbutter Sandwich* Turkey Ham & Cheese Lunch Kit* Baby Carrot Packet Edamame Orange Milk, White 1% Milk, Chocolate NF	12 Krisp N Krunch Chicken Tender* Cheez-It Crackers* Ketchup packet Cheese Pizza Slice* Italian Combo Sandwich* Broccoli Florettes Baby Carrot Packet Fresh Pear Milk, White 1% Milk, Chocolate NF	13 Corn Dog* Mustard Pkt. Ketchup packet Macaroni & Cheese* Cheez-It Crackers* Taco Dip Kit* Tortilla Chips*, IW 1 oz. Baby Carrot Packet Cauliflower Florettes 1/2 C Grapes Milk, White 1% Milk, Chocolate NF	14 Chicken Mini Waffle Sandwich* Pepperoni Pizza* Strawberry Banana Yogurt String Cheese Stick Assorted Sports Bites Crackers* Celery Sticks Baby Carrot Packet Red Delicious Apple Milk, White 1% Milk, Chocolate NF	15 Hot Dog* Mustard Pkt. Ketchup packet * Grilled Burrito Cheese & Chicken Sandwich* Frozen Fruit Cups, Assorted Jicama Sticks Broccoli Florettes Milk, White 1% Milk, Chocolate NF
18 No School	19 Krisp N Krunch Chicken Tender* Cheez-It Crackers* Ketchup packet Cheese Pizza Slice* Italian Combo Sandwich* Broccoli Florettes Baby Carrot Packet Fresh Pear Milk, White 1% Milk, Chocolate NF	20 Corn Dog* Mustard Pkt. Ketchup packet Macaroni & Cheese* Cheez-It Crackers* Taco Dip Kit* Tortilla Chips*, IW 1 oz. Baby Carrot Packet Cauliflower Florettes 1/2 C Grapes Milk, White 1% Milk, Chocolate NF	21 Chicken Mini Waffle Sandwich* Pepperoni Pizza* Strawberry Banana Yogurt String Cheese Stick Assorted Sports Bites Crackers* Celery Sticks Baby Carrot Packet Red Delicious Apple Milk, White 1% Milk, Chocolate NF	22 Hot Dog* Mustard Pkt. Ketchup packet * Grilled Burrito Cheese & Chicken Sandwich* Frozen Fruit Cups, Assorted Jicama Sticks Broccoli Florettes Milk, White 1% Milk, Chocolate NF
25 Hamburger on a Bun* Mustard Pkt. Ketchup packet Wowbutter Sandwich* Turkey Ham & Cheese Lunch Kit* Baby Carrot Packet Edamame Orange Milk, White 1% Milk, Chocolate NF	26 Krisp N Krunch Chicken Tender* Cheez-It Crackers* Ketchup packet Cheese Pizza Slice* Italian Combo Sandwich* Broccoli Florettes Baby Carrot Packet Fresh Pear Milk, White 1% Milk, Chocolate NF	27 Corn Dog* Mustard Pkt. Ketchup packet Macaroni & Cheese* Cheez-It Crackers* Taco Dip Kit* Tortilla Chips*, IW 1 oz. Baby Carrot Packet Cauliflower Florettes 1/2 C Grapes Milk, White 1% Milk, Chocolate NF	28 Chicken Mini Waffle Sandwich* Pepperoni Pizza* Strawberry Banana Yogurt String Cheese Stick Assorted Sports Bites Crackers* Celery Sticks Baby Carrot Packet Red Delicious Apple Milk, White 1% Milk, Chocolate NF	29 Hot Dog* Mustard Pkt. Ketchup packet * Grilled Burrito Cheese & Chicken Sandwich* Frozen Fruit Cups, Assorted Jicama Sticks Broccoli Florettes Milk, White 1% Milk, Chocolate NF

USDA and this institution are equal opportunity providers and employers.

Menu subject to change.

Whole Grain items are indicated by \*.